

10-2-2017 visit questions

HX: of over weight that caused chaiphosis of the neck and spine, bow-legged
QUESTIONS:

1. I received the DVD and materials for prep for knee surgery. VERY good!
2. Dental clearance joint replacement form? Needed right away before anything can progress?
3. LAB values? BUN? X Ray?
4. Need for a recliner during recovery—show picture (DVD showed).
5. RISKS AND COMPLICATIONS—page 18?
6. I have knock-kneed legs—how does that affect TX for knee replacements? Knees last? How affect? Affect other body joints?
7. I'm a gardener. Can I still kneel on my knee after surgery? Whole knee pain free afterwards?
8. **Change in walking on left side—favoring knee**—walking with a limp—seems to have contributed to generalized ankle and Achilles tendon pain as I walk. Is this normal/common?
9. I have taken 3 cortisone shots. I got one on 6th of September due to pain while walking and hiking for my left knee. It seemed to help a lot for 3 weeks and then much less effective.
10. **I wanted to ask you your opinion about the best case scenario for surgery**, most likely case, and worst case scenario for knee replacement surgery—length of functionality--when I ultimately need it. I do want the best quality of life.
11. I met with DR and she said that my Parkinson's symptoms are worsening-especially on my left side (rigidity) and it is especially important for body maintenance to have good joint mobility for best long-term health outcomes.
12. My spouse has agreed to take time off from work in either June or July to be initial helper I have a friend who can drive me to PT.

ADDITIONAL QUESTIONS:

1. **Get needed equipment before surgery:** bath tub chair, toilet extension, walker with shelf (for food), foot stool, other typical prep?
2. Best place to purchase equipment? Ask nurse?

Thank you! ☺ Bob Wilson